

P.O. Box 17009, Doornfontein, Johannesburg, 2028, RSA

124 Van Beek Street, North Wing, Ground Floor Johannesburg Stadium, New Doornfontein

www.swimsa.org

20 June 2012

From: Chief Executive Officer

To: SSA Affiliate Presidents

SSA Affiliate Presidents

Cc: SSA Executive Committee

SSA Technical Committees Convenors

RE: RULES FOR SA NATIONAL CHAMPIONSHIPS (25m) 2012

Kindly find attached the Competition Rules for the SA National Championships (25m) 2012, scheduled to take place from 16 – 19 August 2012 at the GC Joliffe Swimming Pool, Pine Street, Pietermaritzburg.

These championships will be the trials for selection to the FINA World Championships (25m) to be held in Turkey in December 2012.

Should you have any queries in this regard, kindly contact Ms Daphne Bird (<u>daphne@swimsa.co.za</u>), SSA Competitions Manager.

Yours sincerely

SL ADRIAANSE Chief Executive **1. Event:** SA National Championships (25m)

- Selection Trials for 2012 FINA World Short Course Championships, Turkey

2. Date: 16 – 19 August 2012

3. Venue: GC Joliffe Pool, Pine Street, Pietermaritzburg

[A] GENERAL COMPETITION RULES

1 FINA Technical Rules will apply to this competition.

- 2 IPC rules will apply for Para swimming events.
- This Competition is an Open Competition, i.e. events will be contested in a Men's and Women's section.
- 4 South African participants must be registered with SSA and have competed in competitions to ensure that their times for entries are on the National Database.
- All entry times must be achieved from 1 May 2011 onward. Only times on the national database will be accepted
- 6 Visitors must forward a clearance to compete. Their entry times must be verifiable.
- 7 All entries must have entry times, with the exception of the 100m Individual Medley.
- 8 Clubs must take note of the Technical Officials requirements according to the number of swimmers entered.
- 9 Swimmers may enter the events that they have S A National qualifying times for, plus three additional non qualifying events provided they have times on the SSA Database.
- 10 Clubs may enter their fastest non qualifier in an event where they do not have any swimmers with qualifying times entered.
- 11 Clubs may enter two relay teams per event.
- 12 Both teams will score points.
- 13 There may be heats and finals for the Relay events where there are 8 or more entries. This decision will be taken at the Manager's Meeting
- 14 Any swimmer entered into the meet may be selected as a member of their club relay team.

15 PARA SWIMMING

- 16.1 Para Swimming events will be swum in two categories, Depending on their classification. Category 1 Swimmers with S1 -13 classifications category 2 Swimmers with S14 and S15 classifications.
- 16.2 The heats will be swum together and then the finalists for Category 1 and 2 will be separated into two finals. The final results and qualification for the finals will be determined using the World Records for each classification.

16 TECHNICAL OFFICIALS

- 10.1 This is a Club Competition. Clubs will be required to provide SSA registered trained officials for EVERY SESSION, according to the number of swimmers entered in the competition:
 - 10.1.1 1 5 swimmers, one judge or one timekeeper.
 - 10.1.2 6 and over swimmers, a minimum of two officials, one judge and one timekeeper for every session.
 - 10.1.3 All Technical Officials must be correctly attired;
 - 10.1.3.1 White shirts and Navy Blue Trousers or skirts for finals sessions;
 - 10.1.3.2 Optional Navy blue shorts for Heats.
- 10.2 The names of SSA registered, trained and available officials must accompany the swimmers entries. Failure to do so may result in the swimmers entries being rejected

11 TIME TRIALS

- 11.1 Applications for Time Trials during any competition period, will be considered for Swimmers who had entered the relevant event by the closing date for entries of the competition
- 11.2 Written application detailing the motivation must be received at least twenty-four hours prior to the time trial
- 11.3 The Fee will be R400.00 per time trial
- 11.4 Time Trials, if granted, will take place at the end of a heats session

[B] ENTRIES ADMINISTRATION

- 1. All entries must be submitted by the Provincial Secretary.
- 2. Individual entry fee R40.00 per event
- 3. Relay entry fee R60.00 per event
- 4. Closing dates for entries:
 - 4.1. First date: 19 July 20124.2. Second date: 2 August 2012

5. Late entries:

- 5.1. Late entries will be applicable from 9 August up to Managers Meeting on 15 August 2012 (17:00) at 10 time's original entry fee.
- 5.2. The team Managers Meeting is the last opportunity for late/additional entries thereafter no late entries will be accepted.
- 6. Only accredited managers may
 - 6.1. Withdraw competitors
 - 6.2. Lodge objections
 - 6.3. Lodge complaints
- 7. Written protest accompanied by R500.00 must be lodged with the Admin Referee within 30 minutes of the publication or announcement of the disqualification

- 8. In the case of a dispute, the referees' decision will be final.
- 9. All team managers must attend the Manager's Meeting.
 - 9.1. Clubs who are not represented and who do not comply with the rules concerning entries will not receive any concessions.
 - 9.2. This will be the last opportunity to apply for late entries subject to the late entry fee of 10x the original entry fee and the availability of lanes.

10.Withdrawals

- 10.1. Pre-competition at the Manager's Meeting no charge
- 10.2. After the Manager's Meeting, Withdrawals will be accepted 1hour before the start of the evening session preceding the heats. Withdrawals made outside this time limit, will be fined R100.00 per event.
- 10.3. No-shows, heats or finals, swimmers who do not show for their race, will be fined R200.00 and the swimmer may not compete in any other event until this fine has been paid.
- 10.4. Withdrawals from the finals this must be done before the end of the heats session or as notified by the Admin Referee. It would be really helpful if these withdrawals are done as soon as possible after the results are notified, as this would be useful for notifying the alternates for the particular events. The alternates must report for the finals in case they are needed.
- 10.5. If the Referee deems a swimmer to have deliberately false started or not performing to the swimmer's capabilities then the swimmer will be fined R500.00 and will be withdrawn from all further events that session, including relays if they fall in that session.

11.Relays

- 11.1. The names must be received in the correct following order for the relays on the prescribed forms and must be submitted before the end of the session prior to the session, this will be confirmation of the relay entry, if the relay form is not received the team will be withdrawn from the event. Only swimmers entered in the competition may swim in relays.
- 11.2. The names of the relay swimmers may be changed up to one hour before the start of the session. Relay changes after this time will be subject to a medical certificate.

12.CEREMONIES

- 12.1. Opening Ceremony Managers should instruct Swimmers on respectful behaviour during the performing of the National Anthem and Opening Speeches.
- 12.2. Medal Ceremony Swimmers must present themselves in good time and correctly attired.
- 12.3. Only medal winners are allowed to be on the medal podium during medal presentations (no family members, etc).
- 13. SSA reserves the right to enter provincial/club swimmers, who have met the SSA qualifying standards for any National Competition.

14.EVENTS

14.1. 50 &100m's:

Prelims, semi-finals & finals

14.2. 200 & 400m's:

Prelims, A & B finals provided there are 17 or more participants with a minimum of 4 participants available to compete in the B Finals

14.3. 800 / 1500m's:

Timed finals – slower finals in morning session, fastest in evening session

15.2012 SA National Short Course Qualifying Times

Event	Stroke	Women	Men	
50	Freestyle	28.44	24.90	
100	Freestyle	1:01.93	55.01	
200	Freestyle	2:13.98	2:01.83	
400	Freestyle	4:42.55	4:18.05	
800	Freestyle	9:40.58	9:03.80	
1500	Freestyle	18:53.08	17:06.13	
50	Backstroke	32.91	29.95	
100	Backstroke	1:11.61	1:03.87	
200	Backstroke	2:34.22	2:18.87	
50	Breaststroke	36.49	32.35	
100	Breaststroke	1:19.43	1:10.65	
200	Breaststroke	2:50.89	2:33.75	
50	Butterfly	31.54	27.67	
100	Butterfly	1:08.63	1:00.97	
200	Butterfly	2:31.59	2:16.05	
200	Individual Medley	2:32.36	2:16.41	
400	Individual Medley	5:21.44	4:50.76	

2012 S A NATIONAL SWIMMING CHAMPIONSHIPS (25m)

16 - 19 August 2012

	DAY 1 16/08/12 DAY 2 17/08/12				DAY 3 18/08/12		DAY 4 19/08/12
	HEATS 09H30		HEATS 09H30		HEATS 09H30		HEATS 09H30
1	200m Freestyle	Dis W	50m Freestyle	W	50m Freestyle	М	200m Ind. Medley
٧	50m Breaststroke	Dis M	50m Freestyle	М	50m Freestyle	W	200m Ind. Medley
Dis W	50m Breaststroke	W	100m Freestyle	Dis W	100m Breaststroke	Dis W	100m Freestyle
Dis M	50m Breaststroke	М	100m Freestyle	Dis M	100m Breaststroke	Dis M	100m Freestyle
M	100m Backstroke	W	50m Butterfly	W	100m Breaststroke	М	200m Backstroke
Ν	200m Butterfly	М	100m Breaststroke	М	50m Breaststroke	W	200m Freestyle
VI .	200m Breaststroke	W	200m Breaststroke	W	400m Freestyle	М	1500m Freestyle T F
N	100m Backstroke	Dis W	50m Butterfly	М	400m Freestyle	Dis W	200m Ind. Medley
Dis W	100m Ind. Medley	Dis M	50m Butterfly	W	100m Butterfly	Dis M	200m Ind. Medley
Dis M	100m Ind. Medley	М	100m Butterfly	Dis W	100m Butterfly	W	200m Backstroke
M	50m Butterfly	W	100m Ind. Medley	Dis M	100m Butterfly	М	200m Butterfly
N	400m Ind. Medley	М	800m Freestyle T F	М	50m Backstroke		
M	400m Ind. Medley	W	800m Freestyle T F	W	50m Backstroke		
Dis W	50m Backstroke	М	100m Ind. Medley				
Dis M	50m Backstroke	Dis W	100m Backstroke				
W	1500m Freestyle T F	Dis M	100m Backstroke				
	Finals - 16H00		Finals - 16H00		Finals - 16H00		Finals - 14H00
	Opening Ceremony	W	50m Breaststroke F	W	100m Freestyle F	W	50m Freestyle F
Л	200m Freestyle F	М	100m Backstroke F	М	100m Freestyle F	М	50m Freestyle F
٧	50m Breaststroke S-F	W	100m Backstroke F	Dis W	100m Breaststroke F	Dis W	100m Freestyle F
Dis W	50m Breaststroke F	М	50m Butterfly F	Dis M	100m Breaststroke F	Dis M	100m Freestyle F
Dis M	50m Breaststroke F	Dis W	50m Freestyle F	W	50m Butterfly F	W	100m Breaststroke F
M	100m Backstroke S-F	Dis M	50m Freestyle F	М	100m Breaststroke F	М	50m Breaststroke F
٧	200m Butterfly F	W	100m Freestyle S-F	W	50m Backstroke S-F	W	100m Butterfly F
VI	200m Breaststroke F	М	100m Freestyle S-F	М	50m Backstroke S-F	М	50m Backstroke F
٧	100m Backstroke S-F	W	50m Butterfly S-F	W	100m Ind. Medley F	W	50m Backstroke F
Dis W	100m Ind. Medley F	М	100m Breaststroke S-F	М	100m Ind. Medley F	М	200m Ind. Medley F
Dis M	100m Ind. Medley F	Dis W	50m Butterfly F	W	400m Freestyle F	W	200m Ind. Medley F
M	50m Butterfly S-F	Dis M	50m Butterfly F	М	400m Freestyle F	М	200m Backstroke F
N	400m Ind. Medley F	М	100m Butterfly S-F	W	100m Butterfly S-F	W	200m Freestyle F
M	400m Ind. Medley F	W	800m Freestyle T F	М	100m Butterfly F	Dis W	200m Ind. Medley F
Dis W	50m Backstroke F	М	800m Freestyle T F	W	100m Breaststroke S-F	Dis M	200m Ind. Medley F
Dis M	50m Backstroke F	W	100m Ind. Medley S-F	М	50m Breaststroke S-F	М	200m Butterfly F
Ν	1500m Freestyle T F	М	100m Ind. Medley S-F	Dis W	100m Butterfly F	W	200m Backstroke F
M	4x100m Free Relay	Dis W	100m Backstroke F	Dis M	100m Butterfly F	М	1500m Freestyle T F
N	4x50m Free Relay	Dis M	100m Backstroke F	W	50m Freestyle S-F	W	4x100 Med Relay
		W	200m Breaststroke F	М	50m Freestyle S-F	М	4x100 Med Relay
		W	4x100m Free Relay	W	4x200m Free Relay		
		М	4x50m Free Relay	М	4x200m Free Relay		
	ed events will be swum in the fo	ollowing cate	gories in the finals:				
Jisable	a evente will be evaluate in the h						

[&]quot;A and "B" Finals will be offered for the 400m Freestyle & 400IM, 200m Backstroke/Breaststroke/Freestyle/Butterfly & Ind Medley events. Provided there are 17 or more participants, in the heats and at least 4 participants in the "B" Final